



# What's on for Families



*Picture by Olivia (4), Rawmarsh Children's Centre*

[www.rawmarshchildrenscentre.co.uk](http://www.rawmarshchildrenscentre.co.uk)

Email - [rawmarshnursery@rotherham.school](mailto:rawmarshnursery@rotherham.school)

[www.facebook.com/rawmarshcc](https://www.facebook.com/rawmarshcc)

**Rawmarsh Children's Centre**  
**Barber's Crescent**

**Rawmarsh, Rotherham, S62 6AD**  
**01709 336898**

# Groups, Activities and Events

- **Well Baby Clinic (Every Thursday 1:00–3:00pm)**

Get your baby weighed by Health staff. Call 01709 423333 to make an appointment. You can also access the Bumps and Babes stay and play session.

- **Bumps and Babes (Every Thursday 1:00–3:00pm)**

This group runs alongside the Well Baby Clinic and is open for all parents/carers of children from bump to 1 year. Children and adults have the opportunity to socialise with others, and breast feeding support is available here.

- **Breast Feeding Peer Support**

We have a team of fully trained volunteers available to offer support and information around breast feeding. This is available every week during Bumps and Babes, or speak to a member of staff for alternative support arrangements.

- **Baby Massage—£5 \*\***

A 5 week course that helps babies with sleep, colic, constipation and relaxation. It is also a wonderful way of communicating with your baby.

- **Sensory Play—£1 per family \*\***

Sensory Play is a monthly session for parents/carers and children up to 1 year.

These sessions are designed to promote learning and development for babies through a range of themed activities, as well as providing opportunities to socialise.

- **Boogie Tots—£1 per family \*\***

Boogie Tots is a monthly session for parents/carers and children aged over 1 year.

This group encourages singing, dancing and movement to music—let's get active!

Children will also enjoy a healthy snack.





- **Busy Bees (Every Friday 1:30-3:00pm—Term time only) £1 per family**  
A session at Rosehill Community Hall, Kilnhurst Road. Give your child the opportunity to develop his/her co-ordination and balance by exploring a range of activities and equipment. They can also enjoy a healthy snack.

- **Story and Craft Session \*\***

Each month we will explore a story with a range of themed craft activities, bringing stories to life for children.

- **Messy Play \*\***

Let's get creative! Our Messy Play sessions encourage children to explore, experiment and create through a range of different sensory and artistic activities. These can include: foam, dough, sand and water, paints, and many more.

- **Family Theme Days \*\***

Explore our amazing outdoor area throughout the year at our Family Theme Days. There are lots of fun, games and activities.

- **Trips—Prices vary \*\***

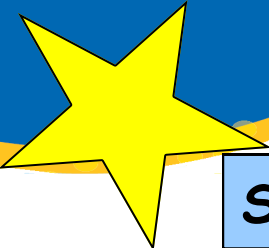
We offer a range of opportunities throughout the year to join us during the school holidays. Check notice boards and Facebook for up to date information.

- **Adult Learning \*\***

We offer various adult learning opportunities throughout the year. Speak to a member of staff or check notice boards and Facebook for up to date information.



\*\* For more information or to book a place please contact reception on 01709 336898



# Support and Information

- **Introducing Solid Foods**

This session is held monthly and is provided jointly by the Health Team and the Outreach Team. This session provides information, support and guidance around introducing solid foods with your baby, as well as how to care for tiny teeth, Speak to a member of staff for more information.

- **The Parenting Puzzle**

A free 10 week course for parents/carer's that looks at how to deal with the challenges of family life. Speak to a member of staff for more information.

- **Sleep Tight**

A 5 week course for parents/carer's that looks at how we can improve our sleep experiences for all the family.

- **Potty Party**

An information and support session looking at the when's and how's of toilet training your child.

- **Dump the Dummy**

An information and support session about how can we can dump the dummy (or bottle) for good.

- **Tears and Tantrums**

An information and support session looking at managing challenging behavior, and introducing boundaries and routines.

For more information on any of the above please speak to a member of staff or call 01709 336898.

